



The AFRICAN CULTURAL EXCHANGE

Invites you to join us for

The Jamaica Health and Wellness Festival

“Your Health Our Mission”

To

Spanish Town, St. Catherine

Jamaica, West Indies

For all

HEALTH CARE WORKERS



NP Elaine Brown,
Project Leader



Apr 10–Apr 14, 2019

Learn about and Assist with Health Care in a Caribbean Nation

-For all Health Care Workers and those interested in Health Care Practices in Jamaica

- Interact with your counterparts
- Learn about the Cultures of Jamaica
- Assist with Health System Strengthening

What is The Jamaica Health and Wellness Festival (ACE-JHWF)?

The Jamaica Health and Wellness Festival is a health care assistance program for the people of Jamaica that will allow doctors, nurses, administrators, other health care workers, medical students and anyone with an interest in Global Health the opportunity to provide healthcare to assist with health care strengthening in this Caribbean nation. The mission is also designed to introduce the participant to the culture of the host country and its impact on health. The JHWF is a health care program that draws on the expertise of The African Cultural Exchange in fostering professional and cross-cultural interactions between counterparts in the African diaspora. In partnership with The Bishop Edwards Church and SWOT Business Solutions, The ACE seeks to develop ongoing health partnerships in the region. These partnerships provide the framework for continued relationships that lead to two-way benefit and participants often gain insights into managing an array of problems faced in their own settings. These partnerships are promoted by the United Nation’s Sustainable Development Goal (SDG-17)-create Global Partnerships for sustainable development to promote health system strengthening.



Program Highlights:

- Designed for all Health Care Workers and those interested in Global Health
- Interact with your professional counterpart
- Learn about the Health Care System in Jamaica and provide health care in historic Spanish Town, St. Catherine
- Improve cultural awareness

To HEALTH CARE WORKERS and TEAM MEMBERS,

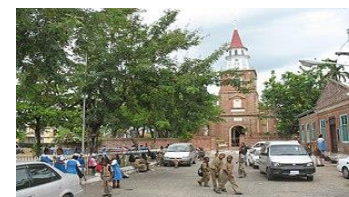
We are happy to invite you to join us on a unique experience to explore and assist with health care delivery in Jamaica, West Indies. During the 4-day project you will explore the inner workings of the health care system in this beautiful island nation and observe the work of your counterparts to gain insight into critical global health issues such as child and maternal mortality and medical management in the Caribbean. Also you will forge new significant partnerships and explore ways to aid the health of the community while simultaneously experiencing the splendor of the island's culture. In conjunction with the new 2030 UN Sustainable Development Goals (SDGs), the purpose of The Jamaica Health and Wellness program is to give health care workers and those interested in health system development, the opportunity to learn about healthcare in the Caribbean and to hopefully develop long-term strategies for assisting with the sustained improvement of health care by forming long-term relationships and partnerships (SDG-Goal 17).

About Jamaica

With a population of about 3 million, Jamaica is the 3rd largest English speaking nation in the Americas. It has 24 hospitals and over 330 clinics and uses a team approach to provide primary care which includes non-governmental organizations. The Ministry of Health seeks to address better health, well-being, and quality of life and ensure access to a sustainable health system that is stakeholder focused. The World Health Organization ranked Jamaica eighth in the world health report in terms of efficiency - good health outcomes at relatively low cost, yet it only has 1 doctor per 2,000 population, which is quite low on a world scale (comparable with countries like Nigeria and Fiji). The National Weekly calls on the Diaspora to utilize its available, relevant resources to meet Jamaica's healthcare challenges. More than short-term medical missions are needed. Jamaica's healthcare needs a sustained approach from the Diaspora to alleviate the problems.



The Project will take place in historic **Spanish Town**, former capital of Jamaica, located 13 miles from Kingston. Located on the Rio Cobre with a population of around 170,000, it boasts one of the oldest Anglican Churches outside England.



The Itinerary

Orientation Dinner	To be scheduled	-	
Wed Apr 10	Day 1	-	Departure from NYC, Arrival Kingston, Jamaica Orientation to project
Thu Apr 11	Day 2		Local Clinic Health and Wellness Festival Meeting with Host Medical Orgs Tour Spanish Town
Fri Apr 12	Day 3		Local Clinic Health and Wellness Festival
Sat Apr 13	Day 4		Local Clinic Health and Wellness Festival Kingston Tour
Sun Apr 14	Day 5		Departure for NYC Arrival in NYC, JFK

The Travel

Visas

No visa is required for entry into Jamaica with a US passport.

Immunizations

No immunizations are needed for travel to Jamaica. An electronic travel medical briefing will be provided via email. Take this briefing to your physician to obtain your medical evaluation.

Clothing

The temperature in Jamaica will range in the mid-80's to 90's, therefore light clothing is recommended. Sunscreen lotion, light cotton pants and short sleeve shirts will also aid in comfort during any hot spells. Slippers are needed for the shower. An effective mosquito repellent is necessary. A packing list will be provided.

Meals

Three meals a day are included in the cost of the trip and will consist of local Jamaican cuisine.

The Program Leaders

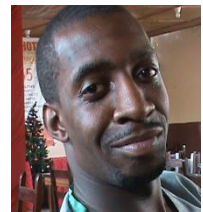
Mrs. Elaine Brown, NP, Team Leader for the Jamaica Health and Wellness Fair, is a Board-Certified Women's Health Nurse Practitioner- Specializing in Perinatal Obstetrics and Gynecology with a sub-specialty in treating women with Gestational Diabetes. Mrs. Brown is dedicated to seeing a reduction in health disparities among the West Indian and African American populations, by ensuring access to care, preventative screenings and early interventions. In collaboration with her church, The New Jerusalem COGIC, Apostolic and the Senator's office in Queens, New York, she has successfully team-led multiple Health Fairs. She is an Adjunct Professor for Baccalaureate Nursing Programs specializing in Community and Women's Health.



Dr. Reginald Hughes, MD, MPH, FAAFP- President and founder of The A.C.E., has broad experience in Africa. His interest in Primary Health Care, Sickle Cell Anemia and Health Care Recovery have led him to over 20 countries in Africa over the past 25 years. He is also the founder of the TARRACE, The Trans Africa Road Rally of the African Cultural Exchange, where teams traverse the continent to connect the health care community.



Dr. Kwame Torian Easterling, MD, MPH is Director of Medical Programs for The African Cultural Exchange and also has extensive health care experience in Africa, including in Senegal, The Gambia, Ghana, Sierra Leone and Liberia. Dr. Easterling is dedicated to the improvement of health care in Africa and is engaged in research, Sickle Cell-outreach, and promoting health care exchange for US health care professionals as well as for medical students and medical residents to and from Africa.



To join the Jamaica Health and Wellness Festival complete the application below. If you have any questions you may contact The African Cultural Exchange or the program leaders at the email address or telephone numbers given at the end of this announcement.

**Registration Form for the JAMAICA HEALTH AND WELLNESS FESTIVAL-
April 10-14, 2019**

Name _____

First

Last

Title

Occupation: _____

Address: _____

City _____ State _____ Zip _____

Phone (cell) _____ (home) _____

E-mail: _____

Register today to reserve your place.

Payments

- Registration Form and \$100 deposit due upon decision or by Feb 15, 2019
- Full Application and \$500 1st payment due Mar 1, 2019.
- Second payment of \$400 due Mar 15, 2019.
- Final payment of \$400 due Apr 1, 2019

Total Program Cost: \$1,400.

Includes: airfare from JFK NYC, food, accommodations, and ground transportation.

Make checks payable to: The African Cultural Exchange-JHWF

Credit cards accepted at website.

Email or Fax this registration to The ACE at:

info@theafricanculturalexchange.org or visit www.theafricanculturalexchange.org

Tel: 917-862-2864/ 888-748-0843 Fax: 866-223-7072

Contact : Reginald Hughes, MD
Tel: 917-862-2864/ 888-748-0843

Or:
Mrs. Elaine Brown, NP
516-603-5646

The African Cultural Exchange
177-18 137th Avenue
Jamaica, NY 11434

About The African Cultural Exchange A US-based nonprofit organization founded in 1989, The ACE conducts cross-cultural, educational, developmental and healthcare projects throughout Africa. The organization supports projects in Senegal, The Gambia, Sierra Leone, Gabon, Zambia, Rwanda, and Kenya.