



HCASCM Registration Form

Name _____

Occupation: _____

Address: _____

City _____

State _____ Zip _____

Phone (cell) _____

(home) _____

E-mail: _____

Register today to reserve your place.

Payments

- Full Application and \$100 deposit due Feb 15, 2013.
- Second payment of \$1400 due September 1, 2013.
- Final payment of \$1000 due on October 1, 2013.

Total Program Cost: \$2,500 (Payment plan available)

Includes: airfare, food, accommodations, and ground transportation.

Final payment must be made by October 1st, 2013.

Make checks payable to: The African Cultural Exchange— WA-HCASCM/Credit cards accepted

Email or Fax this registration to The ACE for full application at:

info@theafricanculturalexchange.org

Fax: 866-223-7072

Or contact QSCAN at: 718-712-0873

Website qscan.org Email: qscanorg@verizon.net

The Travel

Visas

A visa is required to enter The Gambia with a US Passport. No visa is required for entry into Senegal with a US passport.

Immunizations

An electronic travel medical briefing will be provided via email. Take this briefing to your physician to obtain your international yellow book along with the necessary immunizations documented for entry into each country.

Clothing

The temperature in West Africa will range in the mid-80's to 90's, therefore light clothing is recommended. Sunscreen lotion, light cotton pants and short sleeve shirts will also aid in comfort during any hot spells. Slippers are needed for the shower. An effective mosquito repellent is necessary. A packing list will be provided.

Meals

Three meals a day are included in the cost of the trip will consist of local African cuisine.

The Itinerary

Sat	Oct 19	Day 1	Departure from NYC, USA JFK, Intl Airport
Sun	Oct 20	Day 2	Arrival in Dakar, Senegal Orientation/Tour Dakar/ Dinner with Sickle Cell Org
Mon	Oct 21	Day 3	Meeting with Sickle Cell Orgs Tour Hospital Tour Goree' Island
Tue	Oct 22	Day 4	Departure for The Gambia Juffure, Kunta Kinte's Village
Wed	Oct 23	Day 5	Orientation to The Gambia US Embassy/MOH/ Serekunda Hosp/Sickle Cell Clinic Dinner with Sickle Cell Org
Thu	Oct 24	Day 6	Penyem Village Experience Naming Ceremony
Fri	Oct 25	Day 7	Departure for Senegal
Sat	Oct 26	Day 8	Free Day/Shopping Cultural Exploration Departure for Paris
Sun	Oct 27	Day 9	Day in Paris Visit Eifel Tower, Notre Dame Departure for NYC Arrival in NYC



Queens Sickle Cell Advocacy Network, Inc.

Present
The West Africa
Health Care and Sickle Cell Mission
To
SENEGAL and THE GAMBIA
For all
HEALTH CARE WORKERS and
Those interested in Sickle Cell
Anemia



Oct. 19– Oct. 27, 2013
Learn about Health Care
And Sickle Cell Anemia
Issues in 2 AFRICAN nations
-Senegal &
-The Gambia
West Africa
-For all Health Care Workers
and those interested in Health
Care Practices in West Africa

- Interact with your counterparts

Contact : QSCAN: 718-712-0873 or
Reginald Hughes, MD
The African Cultural Exchange

Tel: 917-862-2864/ 888-748-0843

Fax: 866-223-7072

E-mail : info@theafricanculturalexchange.org

The West Africa Health Care and Sickle Cell Mission

What is the West Africa Health Care Assessment and Sickle Cell Mission?

In conjunction with the Queens Sickle Cell Advocacy Network, The ACE created this project as an introductory mission to Africa for doctors, nurses, administrators, other health care workers and anyone with an interest in healthcare and Sickle Cell Anemia in Africa. The program is designed to introduce the participant to the Sickle Cell Anemia community of the 2 host countries and draws on the expertise of The African Cultural Exchange in fostering professional and cross-cultural interactions between counterparts all around the continent of Africa. These partnerships as well as the partnership between The ACE and QSCAN, provide the framework for continued mutual interaction and participants will gain insights into managing an array of problems faced in their home settings. Persons with Sickle Cell are encouraged to meet Sickle Cell Organizations and learn about the origin of Sickle Cell Anemia. Participants also gain cross-cultural experience that is invaluable in understanding immigrant population health care issues in the U.S.

Program Highlights:

- **Designed for all Health Care Workers and those interested in Sickle Cell Anemia**
- **Interact with your professional counterpart**
- **Learn about the Health Care Systems in Francophone Senegal and in English speaking The Gambia**
- **Improve cultural awareness**
- **Fundraising assistance available**

The African Cultural Exchange A US-based nonprofit organization founded in 1989, conducts crosscultural, educational, development and healthcare projects throughout Africa. The organization supports projects in Senegal, The Gambia, Sierra Leone, Gabon, Zambia, Rwanda, and Kenya.

QSCAN-Is a New York community-based non-profit organization dedicated to the improvement of the lives of those with sickle cell anemia.

Dear HEALTH CARE WORKER and SICKLE CELL TEAM MEMBER,



The sacred baobab tree.

We are happy to invite you to join us on a unique experience to explore the health care systems in two in West Africa – countries-Senegal and The Gambia. During the 1-week journey you will explore the inner workings of the health care systems in these countries and work alongside your counterparts to gain insight into critical global health issues such as child and maternal mortality and Sickle Cell Anemia management in Africa. Also you will forge new significant partner-

ships while simultaneously experiencing the splendor, power and culture of Africa. In conjunction with The Millennium Development goals, the purpose of the West Africa Health Care and Sickle Cell Mission (WA-HCASC) is to give health care workers those interested in sickle cell management in Africa the opportunity to learn about healthcare in Africa and to hopefully develop long-term strategies for assisting with the improvement of health care at home and in the developing world.

About the Countries

Senegal, with a population of 13.7 million, is equipped with one of Africa's most efficient and modern infrastructures. Yet the nation is ranked 18th from the bottom on the UNDP's human development index. The Wolof make up the largest ethnic group and their language is a lingua franca in Senegal along with French, the official language. Goree Island served as a slave trading post and is today an important memorial and tourist site.



The Gambia, a nation of about 1.7 million people is the ancestral home of Kunta Kinte of Roots fame. The nation's Primary Health Care system focuses on villages with over 400 where a Village Health Worker and Traditional Midwife are trained to deliver primary health care to their village of responsibility. This very peaceful former British colony, with its beautiful beaches now boasts tourism as its main industry.



Goree Island - Slave Castle, Senegal, West Africa

About The Program Leaders

Dr. Reginald Hughes, MD, President and founder of The A.C.E., has broad experience in Africa. His interest in Primary Health Care, Sickle Cell Anemia and Health Care Recovery have led him to over 20 countries in Africa over the past 25 years. He is also the founder of the TARRACE, The Trans Africa Road Rally of the African Cultural Exchange, where teams traverse the continent to connect the health care community.



Mr. Tamba Johnny, ACE Sierra Leone Country Director, will lead the group from Senegal and has extensive experience with health care systems through-out Africa, hosting medical students, coordinating health care groups, and coordinating the TARRACE-Trans Continental Health Care Road Rally. Mr. Johnny has coordinated with health care and sickle cell teams in Senegal, The Gambia, Guinea Bissau, Sierra Leone, Liberia, Cote d'Ivoire, Cameroon and Uganda to name a few.



The QUEENS SICKLE CELL ADVOCACY NETWORK (QSCAN)- a New York –based member of the Sickle Cell Disease Association of America (SCDAA), is dedicated to improving the lives of those with Sickle Cell Anemia.

Founded and lead by Ms. Gloria Rochester, The QSCAN, a 501-c3 organization provides advocacy, case management, community outreach, support groups and many other programs that help promote the health of those with sickle cell anemia and their families.



Queens Sickle Cell Advocacy Network, Inc.